

Ritmika : Read NEWS & VIEWS



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Fall 2005 No. 1

Dear Ritmika Gymnasts and Parents,

What a joy: Ritmika's 2005/06 season has started on a high note with exiting changes and news! YES, we are going to have another exciting year full of events and world-class competitions.

In a flash: We celebrated our 25th Anniversary! We are re-branding our Brand. We moved to a brand-new location. We participated in the World Championships with two of our gymnasts. Moreover, Ritmika's coach Mimi Masleva was elected "Coach of the Year" by the Gymnastics Federation.

To top it off: We are planning to extend our programs under the leadership of Susanne Müller, our new Director for Health and Wellness. Twenty-five years of success allow us to look into a bright future.



**CONGRATULATIONS to
Mimi Masleva.**

MEMORABLE EVENTS

A heartfelt "Thank You" to everyone who helped to mark our 25th Anniversary Celebration in May. Our festivity started with a great show at Burton Auditorium followed by a banquet at Thornhill Country Club. Everybody contributed to the success by attending both events – luckily, we were able to professional videotape the show by "MojoPro" Film & Dance Productions. Let us know if you would like to have a copy.



We danced all night

Greatly appreciated was the tireless help and support by Mia Wall, Elaine Fabiano and Joanne McGarry – their energy, advice and organisational talent was priceless to me.

During the summer Ritmika's Recreational Summer Camp was held one week in July, and 4 weeks of summer camp in August was for our competitive stream athletes.

We also had lots of fun performing at the CNE on August 27th and we already have an invitation to perform at next summer's CNE! What a compliment to our artistic talents.

New Home for New Growth!

The new facility is now familiar to most of you. We selected this location because many of our members are living in the boundaries of Vaughan. The big room with its extremely high ceiling allows us to use it for our competitive stream athletes and also for our elite groups, who are now practicing here every Thursday evening. In addition we introduced recreational morning classes every Thursday and Sunday.

RECREATIONAL:

More Classes – More Fun for Everyone

Most of our recreational programmes are still run from different school gymnasiums throughout the Metropolitan area. We have classes in the Vaughan, North York, Toronto, Etobicoke, Beaches, Woodbridge and Richmond Hill areas.

NEW: Estonian Kinder Garden has been added to our class roster. 20 gymnasts have already registered and this amazing response clearly shows that Estonian children have a great interest in rhythmic gymnastics. Classes are conducted at the Estonian House on Saturdays.

COMPETITIVE:

Ritmika's competitors are still the strongest in Canada!

How proud we are! Three of our gymnasts are on the Canadian National Team:

- Alexandra Orlando - 3x National Champion.
- Carly Orava - placed 3rd at Canadian National Championships in June.
- Nathalie Ngo # 7 National Team member.
- Ritmika's coach Mimi Masleva was named "**Coach of the Year**" by the Gymnastics Federation.
- Alexandra and Carly just returned from the World Championships in Baku, Azerbaijan October 5-10th. Both represented Canada.
- Alexandra came 18th in an all around competition (one of the ever best Canadian individual gymnast results) and Carly came respectably 56th out of 125 athletes.
- Alexandra graduated this spring from Havergal College with honors! She also received the prestigious award "Beyond the Ivy" which recognizes excellence in academics and extracurricular activities. Alexandra is now a first year student at the University of Toronto. Carly is still a high-school student at Earl Haig High School. We feel honoured to have both in our club.
- Next International event is the Senior Pan American Games in Rio-De Janeiro, Brazil, where our Carly Orava will be representing Canada once more.

ELITE & AGG:

Our Elite Groups this year are:

Children, Novice and Ladies Elite, who are preparing to compete at the Aesthetic Group Gymnastics Competition in Ontario "Red Ribbon" June 2006 in Toronto.

In this year's "Red Ribbon 2005" AGG competition, our Novice elite (coach Helle Varrik) received bronze medal and our ladies group (coach Annely Riga) and International level groups (coach Kairi Tirel) both came in first.

Once again: CONGRATULATIONS

Our International level AGG group has been invited to perform in Halifax from June 30th – July 9th, 2006 at The Nova Scotia International Tattoo 2006. This is considered one of the most spectacular events in North America featuring over 2000 international, military and civilian performers. Our gymnasts will be performing with gymnasts from the Estonia "Piruett" Club.

Our competitors also performed at "Dragon's Abreast Fundraiser-Jones New York" in an event at the Downtown Bay store Arcadian Court on September 21st.

Our 2004 Olympian Mary Sanders has retired from competitive gymnastics and is working now in Cirque Du-Soleil. If any of you went to see the show in August in Toronto you would have seen Mary. She was magnificent! We are still very much in touch and she has promised to visit us when she is in Toronto.

Our Carly Orava was asked to be a one of the performers at the Cirque Du-Soleil opening night here in Toronto on August 4th. Isn't this great: two of our top athletes have been associated with this World famous Cirque!

In conjunction with our 25th Anniversary – the 25th Anniversary album was produced. It will be on display at our Christmas party and if anyone still likes to order one – just fill your order form. Only \$25.00

UPCOMING EVENTS 2005

November 10-14th - SR. Pan-American Games - Rio De Janeiro, Brazil

November 14th - performance at Royal York Hotel (Event is a black tie event - tribute to two Canadian scientist - Dr. B.Somerville and Dr. A. Kaplanis)

November 27th - Sunday Brunch – Rossini Restaurant, 1988 Avenue Road – make your reservation early!

Meet our World Championship Team members. Book now!

November 21st - Annely Riga will be receiving the **2005 Ontario Volunteer Award** from the Government of Ontario.

December 11th - Ritmika's Annual **Christmas Party** - New Ritmika Centre - 12 noon

December 17th - Performance at Estonian House Christmas Party

HOLIDAY CLOSING:

December 23 - January 9th - (recreational stream gymnasts)

Please mark in your calendar!

RITMIKA'S 2006 ANNUAL SPRING SHOW ON SUNDAY, MAY 21st.

New programmes! January 2006

Call Susanne Müller 416-894-8749

* **YOGA**

* **PRE-NATAL Wellness CLASSES**

* **LUNCH TIME YOGA FITNESS**

Detailed information will be distributed very soon. We will keep you posted!

For more information and news visit our web site at: www.ritmika.ca

Annely Riga President

361 Four Valley Drive, Unit #3, Concord, Ontario L4K 5Z3 Tel: 905-660-9535 Email: ritmika@ritmika.ca